

## WEEK 1 30<sup>th</sup> October 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Samosa & Rice	Spaghetti Bolognese	Roast Turkey	Chicken curry & rice	Pasta
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
<b>Option 2</b>	Macaroni Cheese	Cheese & courgette muffins	Omelette	Ratatouille	
<b>Option 3</b>	Jacket & Filling	Jacket & Filling	Jacket & Filling	Jacket & Filling	Jacket & Filling
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Choc Ice
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt

Please refer to the allergy list