

WEEK 4 20th November 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Samosa & rice	Pizza	Roast Veggie spaghetti	Minced beef pie	Chicken & new potatoes
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
Option 2	Macaroni Cheese	Veggie Rice		Veggie shepherd's pie	Omelette
Option 3	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Choc Ice

Please refer to the allergy list