Week 8

		Allergenes	Mollsucs	Lupin	Sulphites	Sesame	Mustard	Celery	Nuts	Milk	Soya Beans	Peanuts	Crustaceans	Gluten	Eggs	Fish
Monday	Option 1	Sausage & Mash								✓				✓		✓
	Option 2	Veggie Sausages					✓			✓						
	Desert	fruit														
	Salad	mixed salads					✓	✓		✓	✓		✓	✓	✓	✓
Tuesday	Option 1	Spaghetti bolognese					✓			✓				✓		
	Option 2	Omelette												✓		
	Desert	fruit								✓						
	Salad	Mixed Salads					✓	✓		✓			✓	✓	✓	✓
Wednesday	Option 1	Pasta								✓						
	Option 2									✓				✓	✓	
	Desert	fruit								✓	✓					
	Salad	mixed salads					✓	✓		✓	✓		✓	✓	✓	✓
Thursday	Option 1															
	Option 2															
	Desert															
	Salad															
Friday	Option 1															
	Option 2															
	Desert															
	Salad															