

Thu

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|----------|----------------|--|--|--|---|---|---|--|---|---|
| Salad | mixed salad | | | | ✓ | ✓ | ✓ | | ✓ | ✓ |
| | | | | | | | | | | |
| Option 1 | chicken & rice | | | | | | | | | |
| Option 2 | veggie rice | | | | | | | | | |
| Desert | choc ice | | | | | | | | ✓ | ✓ |
| Salad | mixed salad | | | | ✓ | ✓ | ✓ | | ✓ | ✓ |

Friday

| Peanuts | Crustaceans | Gluten | Eggs | Fish |
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