

## WEEK 3 15<sup>th</sup> January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Spaghetti Bolognese	Chicken curry & rice	Roast turkey	Lasagne	Pasta
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
<b>Option 2</b>	Veggie Bolognese	5 bean stew	Omelette	Veggie slice	
<b>Option 3</b>	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna
	Yogurt	Cheese & biscuits	Yogurt	Cheese & biscuits	
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Choc Ices

Please refer to the allergy list