

WEEK 4 22nd January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Samosa & rice	Chicken Wraps	Veggie stew	Pizza	Chicken & new potatoes
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
Option 2	Macaroni Cheese	Veggie wraps	Cous cous	Veggie rice	Omelette
Option 3	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna
	Yogurt	Cheese & biscuits	Yogurt	Cheese & biscuits	
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Choc Ice

Please refer to the allergy list