



## Bessemer Grange Primary School

[www.bessemergrangeprimary.co.uk](http://www.bessemergrangeprimary.co.uk)

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**Headteacher:** Ms Sarah Beard

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Tuesday 6<sup>th</sup> February 2018

Dear Parents / Carers,

As today is Safer Internet Day we have been sharing with the children ways that they can stay safe online and how to behave responsibly when using tablets, home computers and smart phones. We are also providing you with this extremely useful leaflet to advise ways that you can keep your child safe online.

Children can be enthusiastic users of technology. The challenge can be to harness this enthusiasm and ensure a balance, so that the use of technology does not negatively impact on other important areas of young children's lives. Some strategies that can help manage time online include agreeing time limits or using time limiting tools (sand timers, stop watches, alarms etc.); designating weekly times to use the internet/computer/tablet together, or removing portable devices from your child's bedroom at night to avoid tiredness.

We will be having a special stay safe online parents' workshop delivered by experts from the NSPCC in the near future and will let you know the date once it has been confirmed from the NSPCC.

I hope that this information is useful to you and that it enables you to have a better understanding of what your child does and how you are able to help them online.

Best wishes,

Ned Symes

Computing Coordinator