

Bessemer Grange Primary School

www.bessemergrange.southwark.sch.uk

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Executive Headteacher: Ms Sarah Beard

Head of School: Mrs Elizabeth Whitehead



Friday 8th June 2018

Dear Parents / Carers,

Our *Healthy Week* will begin on **Monday 18th June** and we have organised some early morning exercise classes for children and parents / carers to come along to. They are a good opportunity to promote the importance of keeping your body healthy whilst doing a joint fun activity with your child!

The options will be as follows:

Date	Activity	Time	Location
Wednesday 20 th June	boxing	8:00am-8:50am	top hall
Thursday 21 st June	dance	8:00am-8:40am	top hall
Friday 22 nd June	running	8:15am-8:50am	field

We must stress that children are not allowed to attend unless accompanied by a parent / carer. Please sign up in the office for you and your child. You can sign up for more than one of the activities and we will take names on a *first come first served* basis.

If you have any questions or would like any further information, please ask at the school office.

Kind regards,

Kamala Dodd

PSHE Co-ordinator