

WEEK 4 19th November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Samosa & rice	Steak Pie & sweet mash	Quorn Lasagne	Mediterranean Fish & Rice	Chicken & new pots
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
Option 2	Macaroni cheese	Omelette	Ratatouille	Cauliflower Cheese	Veggie rice
Option 3	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna	Jacket & Cheese	Jacket Cheese & Tuna
	Yogurt	Yogurt	Yogurt	Yogurt	
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Choc Ice

Please refer to the allergy list