



Bessemer Grange Primary School

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Headteacher: Ms Sarah Beard

Head of School: Mrs Elizabeth Whitehead

26th April 2017

Dear Parents / Carers

We will be running the Bikeability level 1 course for pupils in Year 3 on the week commencing Monday 8th May. The training is delivered by Cycle Confident and aims to develop children's cycling skills so that they are confident riding on quiet roads.

To take part **children need to be able to ride a bike without stabilisers**. If you would like your child to take part and they cannot ride without stabilisers, please let us know as soon as possible so that we can arrange a learn to ride session for them.

The course lasts 5 days and will run during school time. We need to have received your permission slip by Friday 5th May at the latest.

Please let us know if your child needs to use one of the Cycle Confident bikes. If your child will use their own bike, it must be in roadworthy condition.

We would be grateful if you could return the attached consent form as soon as possible.

If you have any questions please come and see your class teacher.

Best wishes

Amy Foster

Cycle Confident Schools Cycle Training Consent Form

School Name: _____

Trainee:

| | | | |
|---|--|--------|--|
| Full name | | | |
| Age | | Gender | |
| Any special needs or medical conditions | | | |

Bicycle and helmet

| | | |
|---|-----|----|
| My child will bring a bicycle | YES | NO |
| My child may share his/her bicycle | YES | NO |
| Persons under the age of 16 MUST wear an approved cycle helmet while undertaking the training unless the parent/guardian specifies this is not required. | | |
| Do you wish your child to wear a helmet? If yes, please note that you will need to provide one | YES | NO |

TERMS AND CONDITIONS FOR SCHOOL CYCLE TRAINING (please read carefully)

1. I agree to my son/daughter taking part in cycle training.
2. Trainees under the age of 16 will wear an approved cycle helmet while training unless you have indicated above that this is not required.
3. Trainees under the age of 16 will wear the supplied high-visibility waistcoat.
4. This course is not designed to teach the basics of balancing and control. Therefore the instructor may decline training for a child who is unable physically to control the bicycle.
5. Level 1 training takes place in the school playground or another off-road site. For Level 1&2 courses, if trainees reach the required standard they will be taken onto local roads for further training.
6. The instructor's decision is final with regards to whether children are ready to cycle on the road.
7. Training will cover all aspects of safer cycling including recommended procedures for starting, stopping, turning left and right and, at Level 2, will develop skills and basic strategies for dealing with traffic.
8. I agree that the instructor(s) can adjust my child's bicycle if necessary.
9. I agree that my child will conduct him/herself in an appropriate manner and follow the directions of the instructor. I understand that the instructor may decline training for a child whose behaviour is disruptive or is considered to be putting him/herself, other people or property at risk.
10. I am responsible for my child being suitably dressed for cycling.
11. If my child brings personal belongings to the course, he/she does so at his/her own risk.
12. I understand that Cycle Confident Ltd is not responsible for any injury or loss or damage to any person or property not caused by an instructor's negligence.
13. This consent form **MUST** be signed by the child's parent or guardian.

I have read, understood and agree to the Terms and Conditions above

| | | | |
|-------------------|--|------|--|
| Signed | | Date | |
| Contact Number(s) | | | |