

# Curriculum Map Key Stage 1

YEAR/TERM	Autumn Term 1 <sup>st</sup> half	Autumn Term 2 <sup>nd</sup> half	Spring Term 1 <sup>st</sup> half	Spring Term 2 <sup>nd</sup> half	Summer Term 1 <sup>st</sup> half	Summer Term 2 <sup>nd</sup> half
<b>MULTI ABILITY FOCUS</b>	<b>Personal skills</b> I can follow instructions & work on simple tasks by myself	<b>Social skills</b> I can help and play with other and take turns	<b>Cognitive skills</b> I can follow simple rules and name things I can do	<b>Creative skills</b> I can put more than one skill in order	<b>Physical skills</b> I can compare and develop what I've done before	<b>Health and fitness</b> I can practice safely while avoiding others
<b>YEAR ONE</b> *Include swimming or/and other activities where appropriate	<b>Games</b> Throwing towards a target  <b>Multi Skills</b>	<b>Gymnastics</b>  <b>Multi Skills</b>	<b>Games</b> Sending & Receiving  <b>Multi Skills</b>	<b>Dance or OAA/Problem Solving</b>  <b>Multi Skills</b>	<b>Athletics</b>  <b>Multi Skills</b>	<b>Games</b> Net Games using a racket  <b>Multi Skills</b>
<b>MULTI ABILITY FOCUS</b>	<b>Personal skills</b> I can try several times if I first don't succeed and ask for help if needed	<b>Social skills</b> I can work sensibly, praise and encourage others	<b>Cognitive skills</b> I can recognise similarities and difference & explain why someone is performing well	<b>Creative skills</b> I can compare my actions with others and link actions together	<b>Physical skills</b> I link movements together in different directions and levels	<b>Health and fitness</b> I can say how my body feels before, during and after exercise
<b>YEAR TWO</b> *Include swimming or/and other activities where appropriate	<b>Gymnastics</b>  <b>Multi Skills</b>	<b>Games</b> Net games using hands  <b>Multi Skills</b>	<b>Dance or OAA/Problem Solving</b>  <b>Multi Skills</b>	<b>Games</b> Dribbling using feet  <b>Multi Skills</b>	<b>Games</b> Attack vs Defence  <b>Multi Skills</b>	<b>Athletics</b>  <b>Multi Skills</b>

# Curriculum Map Lower Key Stage 2

YEAR/TERM	Autumn Term 1 <sup>st</sup> half	Autumn Term 2 <sup>nd</sup> half	Spring Term 1 <sup>st</sup> half	Spring Term 2 <sup>nd</sup> half	Summer Term 1 <sup>st</sup> half	Summer Term 2 <sup>nd</sup> half
<b>MULTI ABILITY FOCUS</b>	<b>Personal skills</b> I can begin to challenge myself and understand my level	<b>Social skills</b> I can show patience with others and share ideas	<b>Cognitive skills</b> I understand simple tactics of attacking and defending	<b>Creative skills</b> I can make up my own rules and versions of activities to suit a task	<b>Physical skills</b> I can perform for longer and repeat actions	<b>Health and fitness</b> I can describe how/why my body changes during exercise
<b>YEAR THREE</b> *Include swimming or/and other activities where appropriate	<b>Games</b> Dribbling and passing with feet  <b>Multi Skills</b>	<b>Gymnastics</b>   <b>Multi Skills</b>	<b>Games</b> Sending skills using hands  <b>Multi Skills</b>	<b>Dance or OAA/Problem Solving</b>  <b>Multi Skills</b>	<b>Athletics</b>   <b>Multi Skills</b>	<b>Games</b> Passing and moving with hands  <b>Multi Skills</b>
<b>MULTI ABILITY FOCUS</b>	<b>Personal skills</b> I can react positively when things are difficult	<b>Social skills</b> I can organise roles and guide others	<b>Cognitive skills</b> I can judge the performance of others and make good decisions consistently	<b>Creative skills</b> I can link actions and develop changes in tactics and identify rule changes	<b>Physical skills</b> I can perform a variety of movements and link actions	<b>Health and fitness</b> I can describe the basic fitness components and monitor my fitness
<b>YEAR FOUR</b> *Include swimming or/and other activities where appropriate	<b>Gymnastics</b>   <b>Multi Skills</b>	<b>Games</b> Benchball/Endball  <b>Multi Skills</b>	<b>Dance or OAA/Problem Solving</b>  <b>Multi Skills</b>	<b>Games</b> Football  <b>Multi Skills</b>	<b>Games</b> Batting and bowling  <b>Multi Skills</b>	<b>Athletics</b>   <b>Multi Skills</b>

# Curriculum Map Upper Key Stage 2

YEAR/TERM	Autumn Term 1 <sup>st</sup> half	Autumn Term 2 <sup>nd</sup> half	Spring Term 1 <sup>st</sup> half	Spring Term 2 <sup>nd</sup> half	Summer Term 1 <sup>st</sup> half	Summer Term 2 <sup>nd</sup> half
<b>MULTI ABILITY FOCUS</b>	<b>Cognitive skills</b> I know how to develop my work and the performance of others and develop ways to outwit opponents	<b>Creative skills</b> I can respond imaginatively to different situations and adjust my tactics	<b>Social skills</b> I can give sensible feedback to improve the performance of myself and others	<b>Physical skills</b> I can combine a range of skills fluently and with accuracy	<b>Health and Fitness</b> I can self-select and perform appropriate warm up activities and identify issues	<b>Personal</b> I can recognise my strengths and weaknesses and attempt new challenges
<b>YEAR FIVE</b> *Include swimming or/and other activities where appropriate	<b>Games</b> Sending skills using hands or Flag Football  <b>Multi Skills</b>	<b>Gymnastics</b>  <b>Multi Skills</b>	<b>Games</b> Mini Volleyball & Tennis or Tag Rugby  <b>Multi Skills</b>	<b>Games</b> Attack vs defence or Pass and move with feet  <b>Multi Skills</b>	<b>Athletics</b>  <b>Multi Skills</b>	<b>Dance or OAA</b>  <b>Multi Skills</b>
<b>MULTI ABILITY FOCUS</b>	<b>Cognitive skills</b> I can evaluate strengths and weaknesses to read and react to different game situations	<b>Creative skills</b> I can effectively disguise my actions and use a variety of decisions	<b>Social skills</b> I can motivate others to perform better with constructive feedback	<b>Physical skills</b> I can transfer skills consistently in challenging situations	<b>Health and Fitness</b> I can explain different types of fitness and plan my own fitness program	<b>Personal</b> I can create my own learning plan and make changes based on feedback
<b>YEAR SIX</b> *Include swimming or/and other activities where appropriate	<b>Games</b> Basketball or Football  <b>Multi Skills</b>	<b>Games</b> Mini Volleyball & Tennis or Tag Rugby  <b>Multi Skills</b>	<b>Gymnastics</b>  <b>Multi Skills</b>	<b>Dance or OAA</b>  <b>Multi Skills</b>	<b>Games</b> Rounders or Cricket  <b>Multi Skills</b>	<b>Athletics</b>  <b>Multi Skills</b>