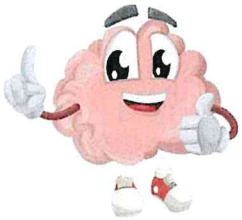
MINDFULNESS

- What's in your mind?



I feel

I wish

I think

I hope

I dream