

# Reception Newsletter 14.05.21

Reception have really enjoyed their minibeast topic and our caterpillars have now turned into butterflies. We have been learning about different mindfulness strategies to help us find calm in different situations. We have been practising counting our breathing, using our senses and thinking of things that make us happy. Here are some examples:

**Counting breathing**- we encourage the children to focus on their breathing by counting the number of 'in' breaths and 'out' breaths. "I am breathing in 1, I am breathing out 1, I am breathing in 2, I am breathing out 2..."

**Using the senses** -we remind the children of the five senses (seeing, hearing, smelling, touching and tasting). In this order we ask children to focus on one sense at a time, noticing: Five things they see. Four things they hear...

MINDFULNESS CALENDAR				
MON	TUES	WED	THURS	FRI
COUNTING BREATHS 1-2-3	ATTITUDE OF GRATITUDE	USING THE SENSES	COLOUR BREATHING	BIRTHDAY CAKE BREATHING

We are learning in phonics for the next two weeks:



**Long oo (as in zoo), short oo (as in look), ar, or, ur, ow, oi**

We will be reading and writing words and sentences using these sounds.

Learning to read the words:

said going play

## Reading

Please remember to bring in your child's book in their bag on a **Monday** and a **Friday**. It is extremely important that your child reads to someone every day as well as you reading books to them as this is a key time for your child to consolidate everything they have learnt.

In the back of the reading books there is a 'Questions to chat about' section. You can use this to discuss the story.

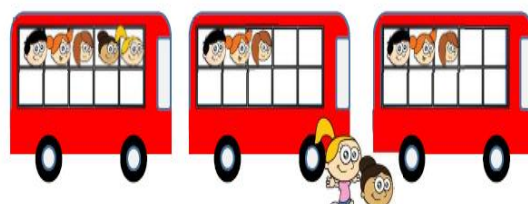
## Homework

The children have been thoroughly enjoying their weekly Spanish lessons with Miss Garcia. We have been sending home a Spanish homework sheet for you to follow up on what we have been learning. This is optional and there is no expectation for you to bring it back to school however you can bring it in if you wish. We always love seeing what you have been up to!

## Maths

For the next couple of weeks the children will be working on adding more and taking away using the story language **first, then** and **now**. The children will use real objects to see that the quantity of a group can be changed by adding more or taking some away. We will be telling our own mathematical stories and representing them using resources e.g.

*The children are getting the bus to the adventure playground. **First** 5 children get on the bus. **Next** 2 more got on. **Now** we have 7 children on the bus.*



This week we have started our Superhero topic. We found some vegetables that had been wrapped up and drawn on and have enjoyed writing our own police report. We have read the story 'Supertato and the Valley of Doom' and have enjoyed looking at and creating our own treasure maps. We've been on the lookout for the evil pea! In the coming weeks we will be creating and describing our own superhero and thinking about what their special powers might be.

### Key vocabulary:

- Brave, mighty, strong, clever, noble, fearless
- Evil, clever, sneaky, nasty, dangerous
- Onomatopoeia words: zap, crash, pow, wham, boom

### Reading suggestions:

- Supertato
- Supertato and the valley of doom
- Superworm
- Superhero comics



### Ideas to do at home:

- Can you use recycling materials to design and make your own superhero costume? You could make a booster pack with bottles, wrist cuffs with toilet rolls or even a mask with an old sock.



- Can you make your own superhero comics strip with a beginning, middle and end?



If your child completes any of the activities, please upload the pictures to Google Classroom and these will be shared with the rest of the class by the end of the week.

**Moonbeam** - Miss Clarke has now joined us in Moonbeam Class and will be working alongside Miss Bull and Miss La Touche. She has really enjoyed her first couple of weeks at Bessemer.